

Emmet County 2022-2023 Annual Report



PROGRAMS
ACCESSED BY
RESIDENTS

173

SOCIAL MEDIA
REACH

30,359

ONLINE
REACH

7,074

PROGRAMMING
REACH

1,691



I'm delighted to share the results of another successful year of partnership between Emmet County and Michigan State University (MSU) Extension. Because of your continued support, we've been able to make a difference in the lives of youth, families, businesses, and communities.

MSU Extension offers a broad range of research-based educational outreach to county residents. Over this past year, we've empowered families and individuals to live healthier lives, supported new and local businesses, created opportunities for youth leadership development and career exploration, helped farmers with business management and mental health, and much more. We continue to provide outreach online, hybrid, as well as in-person formats. These options have increased accessibility to Michigan State University resources for your residents. Our staff live and work alongside county residents and are rooted in community relationships and responsive to community needs.

Our partnership with you makes this all possible. On behalf of the MSU Extension team serving Emmet County, thank you for another great year. We look forward to your continued support and hope you will be able to join us during one of our upcoming programs.

- Adam Koivisto, District 14 Director



EMMET COUNTY 4-H

IN 2023 EMMET COUNTY 4-H
OFFERED LOCAL PROGRAMMING IN

3

COUNCILS

8

ANIMAL SCIENCE CLUBS

2

SEWING & CRAFT CLUBS

5

SPECIAL INTEREST SHORT TERM CLUBS

1

SHOOTING CLUB

&

ATTENDING MANY SPECIAL EVENTS

39 volunteers

spent countless hours providing a safe, hands-on education
and youth driven positive experiences to

125 youth

in Emmet County

83 youth

participated in year-round clubs

42 youth

participated in SPIN Clubs

EMMET-CHARLEVOIX COUNTY 4-H MARKET LIVESTOCK
ASSOCIATION

EMMET-CHARLEVOIX COUNTY 4-H HORSE COUNCIL

EMMET COUNTY 4-H COUNCIL

BARNYARD FUSION 4-H CLUB

BEAR RIVER 4-H CLUB

BURNIN' DAYLITE 4-H CLUB

FLYING CLOVERS RACING PIGEON 4-H CLUB

LAKEVIEW LIVESTOCK 4-H CLUB

LITTLE SHOOTERS 4-H CLUB

MAGIC NEEDLES 4-H CLUB

POUNGING HOOVES 4-H CLUB

STABLE MATES 4-H CLUB

WILD RIDERS 4-H CLUB

2023 OFFERED SPIN CLUBS

CPR & FIRST AID

SUMMER ADVENTURE CAMP

BABYSITTING TRAINING

PROTECTING WATER FOR THE NEXT SEVEN
GENERATIONS





4-H

4-H is a program where all children have a chance at finding their passion, that thing that makes them feel special and empowered. With an unlimited amount of participation opportunities both in person and virtually from local, State, Nationwide and even internationally, there's a program for EVERYONE!



4-H partnered with the Petoskey District Library promoting Summer Reading program with a petting zoo and root beer floats! Goats and Floats was fun for our 4-H youth and community youth. 4-H also provided crafts and fun at community Holiday events throughout the year.



This special picture captures a group of volunteers who also grew up in the program as past 4-Hers! Many 4-Hers return later to become volunteers and give back to the program.

4-H is a **community** of **young people** across America who are learning **leadership, citizenship** and **life skills.**

During Fair our Silent Auction generates funds to help Emmet County 4-H function and provide quality programming and scholarship opportunities to youth in our County. Thanks to those who donated or purchased items.



Magic Needles 4-H Club is a sewing club teaching youth ages 5-19 the art of sewing and other fun crafts.



4-H Summer Adventure Camp



Photo Credit: Petoskey Rotary

Petoskey Rotary gifted Emmet County 4-H a grant for \$1,000 for our new Summer Adventure Camp!

We spend Wednesday's over summer taking fun adventures together! We learned about history, careers, natural resources, gardening, STEM and had a ton of fun together!



Our Adventures-
Kilwin's
Oden State Fish Hatchery
Little Traverse Bay Museum
Historic Railroad Museum
Little Traverse Bay Band Fish Hatchery
Ziibimijwang Farm
Raven Hill Discovery Center visits with animals and STEM activities



4-H Clinic



56 Sessions

200 youth

3 counties

Learning about
Nutrition, Showing,
Veterinary care,
Parliamentary procedures,
Crafts,
Team building & more!



2023





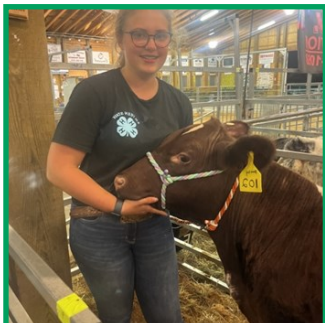
4-H



Our 4-H youth work hard all year in hopes of winning that blue ribbon! Fair is the final week and time to show of their projects. While most of the behind the scenes work is done, Fair is time for the final touches, time to exhibit their projects and to lastly, reward themselves on a year well done.



Late night board games, cards and fun are never off the table in any of the barns. Later in the week after all the show work is done, kids get time with each other and grow their friendships across the many clubs involved in the Emmet-Charlevoix County Fair



This years fair fun included a corn eating contest and hay bale throwing contests. 4-H Families sure love to compete and show off their strengths and talents.





4-H SPIN CLUBS



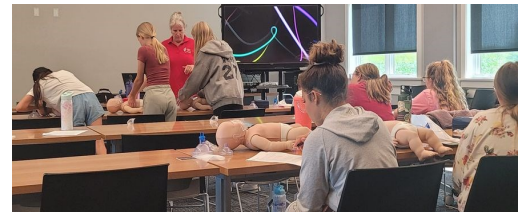
Protecting Water Resources for the Next Seven Generations- 4-H partnered with the Little Traverse Bay Bands of Odawa Indians to teach youth about natural & water resources.



CPR & First Aid SPIN Club providing life saving techniques to 10 youth!

We completed our Infant and Adult CPR class!

Emmet County 4-H hosted a Babysitting Training that trained 18 new certified babysitters who also received their first aid and CPR certifications. Katie Parr from MSU Extension provided 8 hours of classroom training and 4 hours of CPR & First Aid training with Megan Mainland, AHA BLS Instructor



Ways to Give Back



Would you like to help support Emmet County 4-H and the many youth that it serves? Interested in volunteering with 4-H or providing financial support to assist with scholarships, special education events, sponsoring a SPIN Club, or help with new club start up costs?

Contact Amanda Foster, Emmet County 4-H Program Coordinator at 231.439.8974

Mail donations to:

Emmet County 4-H Council
3434 Harbor-Petoskey Road Suite D
Harbor Springs, MI 49740

Make a donation through the Michigan 4-H Foundation on our website
To direct your donation to Emmet County, select "Other" in the Designation box and enter "Emmet County 4-H" in the new box that appears.

Join 4-H



Volunteer Application



Emmet 4-H Facebook Page



Emmet 4-H Website



COMMUNITY FOOD & ENVIRONMENT INSTITUTE

Supporting Food & Farming Entrepreneurs

The MSU Product Center assists Emmet County residents in developing products and businesses in the areas of food, agriculture, and natural resources. Product Center Innovation Counselor, Wendy Wieland, conducts confidential counseling with entrepreneurs that is tailored to meet the needs of the client. It may include business plan assistance, navigating the regulatory maze, accessing a supply chain or researching funding options. Wieland also assists clients in accessing specialized services offered through Michigan State University. These services range from feasibility studies for larger scale projects or grant applications to nutritional labeling and packaging assistance for artisan food manufacturers.



Over the past year, Emmet County based MSUE Product Center staff assisted 33 Emmet County businesses, who in turn employ more than one hundred five people and have combined annual sales over \$2.4 million. Two new business were launched and nineteen jobs were created. Area farms increasingly rely on Agritourism activities to meet growing consumer demand for a direct connection to local farms. These businesses attract 'new to farming' entrepreneurs and are an increasingly important part of the agricultural industry in Emmet County.

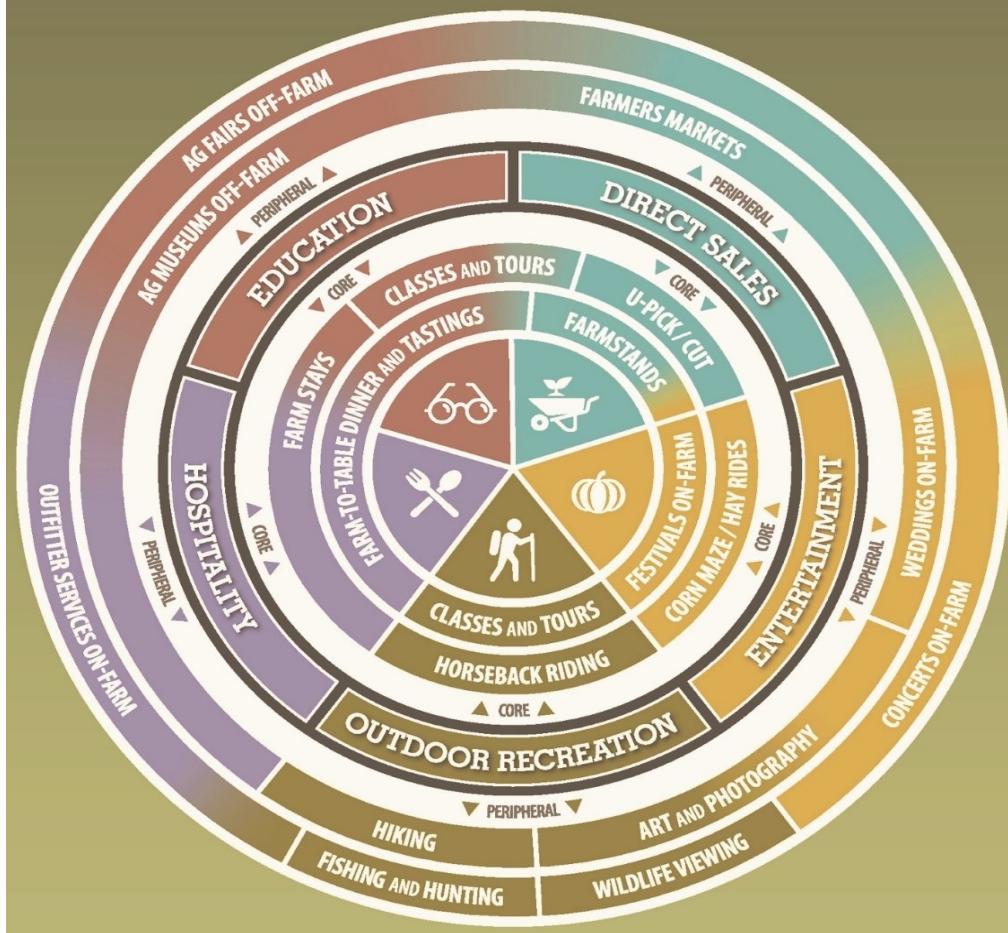


Photos: Upper left, Derrick Vogel, Vineyard Manager at Petoskey Farms Vineyard and Winery (PFVW) explains grape harvesting to tour group.

Lower left, Tracie Roush, co-owner of PFVW and Wendy Wieland, Innovation Counselor at the Making it in Michigan Conference and Trade Show.

MSU Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through applied research. Agriculture is now one of the fastest growing sectors of the Michigan economy.

COMMUNITY FOOD & ENVIRONMENT INSTITUTE



Agritourism plays an important role in sustaining local farms and can take many forms.

Diversifying Farms, Building Local Food Systems

Local food system development is another focus of MSUE staff serving Emmet County. MSUE staff continues to support area Farmers' Markets, Farm to School initiatives, food security efforts, all in an effort to build capacity and resiliency in our local food system. These initiatives are made possible through collaborations with a host of community partners: Groundwork Center for Resilient Communities, Crosshatch Center for Art and Ecology, Health Department of Northwest Michigan, Local Food Alliance of Northern Michigan, Public Schools of Petoskey, North Central Michigan College, Grain Train Natural Food Market, Petoskey Area Chamber of Commerce, Petoskey-Harbor Springs Area Community Foundation, and USDA Rural Development.

Our natural resources programs improve public understanding, help landowners and communities use those assets for sustainable long-term social and economic development and conserve natural resources for future generations

Food & Health

MSU Extension's Supplemental Nutrition Assistance Education Program (SNAP-Ed) helps participants make positive lifestyle changes by improving healthy eating habits and increasing physical activity.

Program Spotlight:

Community Nutrition Instructor, Jane Sherry, partnered with the Petoskey Friendship Center to deliver two Cooking for One series in 2023.

- Each series was six weeks long, with 18 participants total
- Number of recipes made: 24

Photo at right: Participants enjoyed making new recipes, such as Pasta with Eggplant and Tomato.



Program Spotlight:

In the Fall of 2022, Jane taught a Cooking Matters at Home series. This was in partnership with the Little Traverse Bay Bands of Odawa Indians. Participants learned ways to eat healthier by cooking at home. They also learned about food safety, meal planning and budgeting, healthy snacking, and more.



Success Story: After making a beet and fennel salad, one participant said, *"This is pretty good! I want to try using fennel more at home!"*

Participants made six different recipes together, one of which was the soup seen in the photo to the right. In several of the recipes, substitutions were made in order to make the recipes more culturally relevant. Sweet corn was added to this Veggie and Bean Soup recipe to make it a "Three Sisters" Soup.



Building Strong Sovereign Nations: Facilitative Leadership Training

As part of the *Building Strong Sovereign Nations: Anishinabek Leadership for Seven Generations* series, MSUE was proud to present the *Building Strong Sovereign Nations: Facilitative Leadership Training*. These trainings support the building of resilient communities and assist leaders and community members looking to learn and grow connections across Tribal Nations. Thanks to partnership with the MSU Center for Community and Economic Development and the generous funding from the Inter-Tribal Council of Michigan and the U.S. Economic Development Administration, participants were able to receive the valuable trainings at no cost.



This informative training took place June 13-15, 2023 at the University of Michigan Biological Station in Pellston. Participants had the opportunity to learn and practice skills in engaging with the public and leading meetings. The training featured:

- **Group activities**
- **Interactive sessions**
- **Leadership practice**
- **Practice in Reaching Agreement**
- **Practice facilitating with Verbal and Nonverbal skills**





STAFF

Name: Role: Phone: Email:

Adam Koivisto District 14 Director (231) 237-4775 koivist4@msu.edu
Wendy Wieland Community Food & Environment Inst (231) 439-8987 wieland5@msu.edu
Emily Proctor Tribal Educator (231) 439-8927 proctor8@msu.edu
Amanda Foster 4-H Program Director (231) 439-8974 furgeso4@msu.edu
Imelda Galdamez EFNEP|Cooking Matters (231) 348-1770 Galdamez@msu.edu
Bailey Swanson Office Manager (231) 348-1770 bailey.swanson@affiliate.msu.edu

ADDITIONAL CONTACT NAMES

Name: Role: Phone: Email:

Katie Parr Child & Family Program Instructor (231) 582-6232 wagnerk8@msu.edu
Julie Crick Forestry Educator (989) 275-7179 crickjul@msu.edu
Sienna Samp Supervising Ext Educator (989) 354-9877 suszek@msu.edu
Children & Youth Institute
Brandon Schroeder Sea Grant Extension Educator (989) 354-9885 schroe45@msu.edu
Mary Dunckel Agriculture Literacy Educator (989) 354-9875 dunckelm@msu.edu
Innovation Counselor MSU Product Center
Phil Durst Sr. Extension Educator Dairy & Beef (989) 387-5346 durstp@msu.edu

MISSION:

Michigan State University Extension helps people improve their lives through an educational process that applies knowledge to critical needs and issues and opportunities.

MSU is an affirmative-action, equal-opportunity employer, committed to achieving excellence through a diverse workforce and inclusive culture that encourages all people to reach their full potential. Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status. Issued in furtherance of MSU Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Jeffrey W. Dwyer, Director, MSU Extension, East Lansing, MI 48824. This information is for educational purposes only. Reference to commercial products or trade names does not imply endorsement by MSU Extension or bias against those not mentioned. The 4-H Name and Emblem have special protections from Congress, protected by code 18 USC 707.